

FAMILY AND CONSUMER SCIENCES COURSE SELECTIONS

Title: Child Development 1
Unit Credit: ½ or 1
Prerequisite: None

Suggested Grade Level: 9, 10, 11, 12
Course Number: 580000TH (½ unit)/CHLDEV1A
 580001TW (1 unit)/CHLDEV1B

Child Development 1 approaches the study of human growth and development from conception through age five. Within Child Development 1, the care and guidance of young children relative to the physical, social, emotional and mental developmental tasks are stressed. Efforts are made to incorporate guided observation and participation with young children and their parents in order to promote personal confidence in responding to young children. Competencies gained will prepare student to assume parental role and/or career involving the care and nurturing of the young.

Title: Foods and Nutrition 1
Unit Credit: ½ or 1
Prerequisite: None

Suggested Grade Level: 9, 10, 11, 12
Course Number: 582400TH (½ unit)/FOODS1A
 582401TW (1 unit)/FOODS1B

Students in Foods and Nutrition 1 will study the principles of nutrition and the relationship of nutrition to individual health, fitness and wellness. Teacher demonstrations and guided laboratory experiences will enable students to gain skills in food safety and sanitation, food storage, use of convenience and pre-packaged foods, healthy menu selection and some preparation.

Title: Foods and Nutrition 2
Unit Credit: ½ or 1
Prerequisite: Foods and Nutrition 1

Suggested Grade Level: 10, 11, 12
Course Number: 582500TH (½ unit)/FOODS2A
 582501TW (1 unit)/FOODS2B

Foods and Nutrition 2 is for the student who has demonstrated proficiency in Level 1 and has a desire to pursue employment training in Culinary Arts. Managing and maximizing the food dollar and responsible consumer behavior; ethnic and multicultural foods; healthy meal planning, selection and preparation; basic preparation techniques; and utensil and equipment use and care will be stressed during guided instruction, independent study and laboratory experiences.

Title: Housing and Home Furnishings 1
Unit Credit: ½ or 1
Prerequisite: None

Suggested Grade Level: 9, 10, 11, 12
Course Number: 583000TH (½ unit)/HOUSNG1A
 583001TW (1 unit)/HOUSNG1B

Housing and Home Furnishings 1 is designed to help students understand housing needs and develop knowledge and skills which will enable them to make housing decisions in the future. The role of the home in creating a favorable climate for family living is stressed. Housing styles, home furnishings and equipment and the principles of interior design will be studied and analyzed.