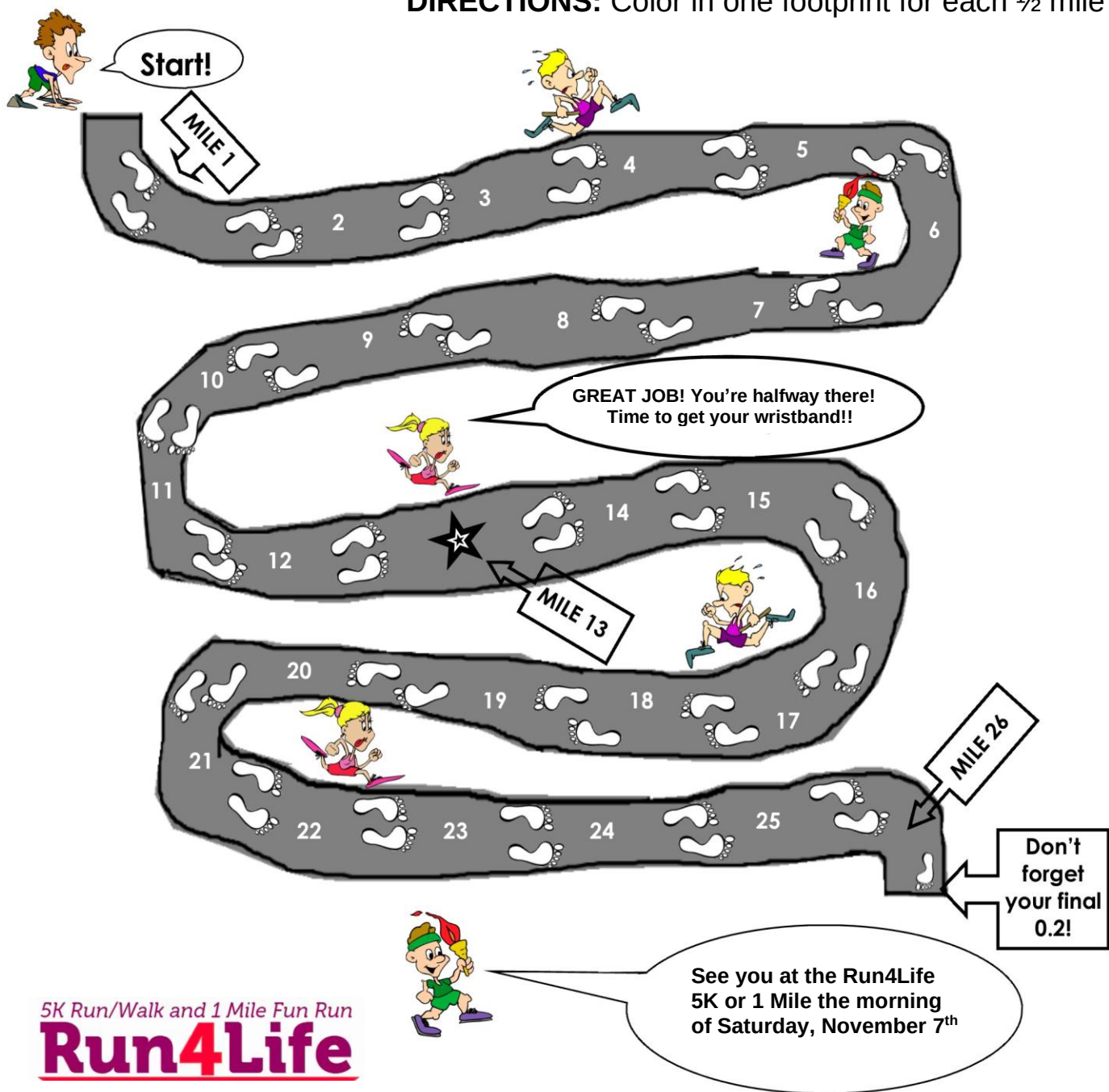


Kids' Marathon Training Log

2026 Run4Life 1M/5K



DIRECTIONS: Color in one footprint for each ½ mile



I understand that the Run4Life 5K/1M is the main event and will count as one mile or 3.1 miles (5K) towards completing their marathon. I verify that this log is accurate and that my child has completed a total of 26.2 miles.

Parent Signature: _____ Student: _____ Date: _____