

KIDS' MARATHON CLUB

2026 Run4Life 5K & 1 Mile Run



The marathon club is designed to encourage students to establish lifelong fitness habits by becoming involved in a participatory/goal setting activity. The goal is to log enough miles to complete a full marathon. The Prisma Health Run4Life race will serve as this group's main event. The race is only \$10 for the One Mile and \$15 (after discount code) for the 5K.

Run4Life is also an event the whole Woodland Family can enjoy (Parents, Grandparents, Sibling, Friends) with your choice of either the 5K or 1 Mile courses, all while supporting cancer patients in our community.

Run4Life raises money to fight cancer. If you would like to give toward this great cause, go to: www.run4lifesc.org and click on the donate tab. Please select Woodland Elementary under the TEAMS tab so your donation will count for our team.

To Participate in the Program:

- Register your student online for the Run4life 1 Mile or 5K
- Start running miles to complete your marathon.
- Students can run at home or in the gym every Tuesday/Friday mornings.
- If you choose to run at home you need to have a parent/guardian approved running route.
(1 miles = 5280 feet **or** about 20 minutes of running)
- Once completed...turn in a signed running log that = 26.2 miles (full marathon).

NOTE: Although the program is designed to encourage physical activity outside the school setting, students have the opportunity to log some of their miles in the gym every Tuesday/Friday before school. Students usually run between 1-2 miles each session.

Club members in the program will receive:

- The option to run in the gym to log miles every Tuesday & Friday (7:20-7:45 until the end of March)
- Race bib & optional T-shirt. (Parents will need to pick these up during packet pick-up times before the race)
- A wristband for runners that have completed at least a half-marathon.
- Students completing a full marathon will also receive a certificate & medal. (Medals are donated from past adult marathons)

HERE ARE SOME DETAILS ABOUT THE MARATHON CLUB'S MAIN EVENT:



Event: Prisma Health Run4Life 5K/1M (race counts as mileage toward their marathon running log)

Where: Caine Halter Family YMCA (721 Cleveland St. Greenville, SC 29601)

When: Saturday November 7, 2026

Cost: \$10 for the mile run (t-shirt available for purchase) **OR** \$15 for the 5K (t-shirt included)

**** Use 5K discount code "Woodland10" for \$10 off (\$25-10 = \$15) ****

**** Parents also need to register if you are running with your child ****

Packet Pick-Up: Friday (12pm-6pm) or Saturday morning before the race.

***** Parents are responsible for their child before/during/after the race. We will meet as a group before the race starts *****

Verification of Online Sign Up

Since registration is online for this race, **I need your verification that your child has been registered online.** Make sure to select **Woodland Elementary School** under the **TEAM** tab for all family members that are registering. After registering, fill out the information below and have your child bring it to the gym so I can add them to the Marathon Club list.

Yes...I Registered My Child Online for the Run4Life ☐ 1 mile ☐ 5K

Student Name

Grade

Teacher Name

E-mail
Please write clearly

Parent Signature
Verifying Online Registration

Go To: <http://run4lifesc.org> for More Information & To Register with Team Woodland

Deadline to be included in the Woodland group is Wednesday, October 29, 2025