

OAKVIEW ELEMENTARY SCHOOL

SYLLABUS

TEACHER: Jen Miller and Brooks Kirk

SUBJECT: PHYSICAL EDUCATION

8:15 – 9:00 3rd Grade

9:05 – 9:45 Kindergarten

9:45 – 10:20 Planning

10:25 – 11:10 2nd Grade

11:15 – 11:45 Lunch

11:45 – 12:30 1st Grade

12:35 – 1:20 4th Grade

1:25 - 2:10 5th Grade

DESCRIPTION OF STUDENTS

There are approximately 1,000 K5 through 5th grade students at Oakview. Coach Miller and Coach Kirk teach all of the students Physical Education once per week for 45 minutes (1st-5th) and 40 minutes (K5).

INSTRUCTIONAL MATERIALS

The following is a list of materials that will be used:

Bean Bags, Jump Ropes, Foam Balls, Noodle Slices, Medicine Ball, Light Hand Weights, Tumbling Mats, Pennies, Scarves (tag), Footballs, Bowling Pins, Kick Balls/4 Square Balls, Hula-Hoops, Soccer Balls, Cones, Tape Measure, Basketballs, Stop Watch, Jump Ropes, Parachute, Pedometers, Scooters, Volleyballs, Frisbee, Archery equipment, Fishing Rods, yarn balls.

Assessments:

Students will receive a daily grade each time they come to class. Students will also receive 2 formal grades each semester. 5th grade will be taking the Fitnessgram this year. Students who miss all or portions of class time due to behavior or improper footwear/dress will receive a sub-standard grade for that day.

GRADING SCALE: Students in 2nd-5th grade are presently graded using a “Q” which means quality achievement of standards, “M” which means meeting standards, “P” which means progressing toward standards, and “L” which means little or no progression toward standards. The students in 1st grade and Kindergarten only receive the “M” or “P”.

STUDENT PROCEDURES FOR NON-INSTRUCTIONAL ROUTINES: Students will be allowed to use the restroom only in emergencies. Students will be allowed to get water from the water fountains located in the gym during class, but must ask first.

EXPECTATIONS:

1. I teach when there are no distractions.
2. I listen to students who raise their hands.
3. I listen to one person at a time.
4. Please treat me with the same respect I treat you.
5. I allow students to remain in my classroom as long as they do not cause a problem.
6. Students who exhibit unacceptable behavior will first receive a verbal warning. Then they will be asked to sit out for a period of time. Lastly, the teacher may choose to call the parent to inform them of the unacceptable behavior.

*NOTE: This is a working document and is not an officially endorsed district guide. .

Oakview Elementary School

Physical Education Year At a Glance

3rd-5th Grade

August, Sept - Introduction, classroom management, Fitnessgram, Fitness Stations, Mile Run, Kickball, Capture the Footballs, Cooperative Games

Oct –4 Square, 2 Square, Finish up with Fitnessgram (5th only), Throwing and Catching

Nov – Basketball Skill/Drills

Dec. – Scooter Activities-Scooter Soccer, Basketball, Relays

Jan – Archery (4th & 5th), Dance, Jump Roping

Feb. - Jump Rope, Chasing and Fleeing Games

Mar – Fishing (2nd-3rd), Strategy Games, Fitnessgram (5th)

Apr – Volleyball, 9 Square in the Air, striking

May – Speed Ball, Field Day practice

K5 – 2nd

*Depending on the unit, 2nd graders may learn concepts that are taught to 3rd grade.

August, Sept - Introduction, classroom management, Locomotor skills

Oct - Throwing and catching, cooperative games, fitness stations

Nov - Basketball skills, dribbling, passing

Dec. – Scooters, relays and scooter soccer

Jan – dance, jump ropes

Feb. - Jump Rope, chasing and fleeing games

Mar - 2nd grade Fishing, Dragon Tails

April –Volleyball/Striking, indoor Kickball

May - Field day practice, Speed Ball

Units are subject to change due to gym space, weather, or other activities that are scheduled in the gym (picture day, Boosterthon, etc.). We are flexible with changes made throughout the year, which means sometimes units run into different months.