







# iEAPC – Mobile App

The full benefits of your Employee Assistance Program are now at your fingertips, no matter where you are, 24 hours per day, 7 days a week. This secure app provides you easy access to resources that can help you address challenges affecting your well-being and productivity. From requesting EAP services to finding information on responding to a variety of life's issues, to receiving informative newsletters, iEAPC puts the power of the EAP in the palm of your hand.



## iEAPC provides:

-  Immediate access to the EAP
-  Tip sheets
-  Self-Assessments
-  Access to newsletters
-  Special Messages & Alerts
-  Self-Help Tools & Resources

This app is available for download through the Apple App Store and Google Play. Download the app to your device (scan the code below or search for “iEAPC”) and then login using the code: **GCS**

