



# 2011 Spinx Run Fest

## Kids' Half Marathon Training Log



Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

**DIRECTIONS:** Color in one footprint for each ½ mile run.

**Start!**

**MILE 1**

**You're half-way there!**

**MILE 6**

**MILE 12**

**Don't forget your final 0.1!**

**See you at the Spinx Run Fest for your final mile! (Oct. 29, 2011)**

**Teachers:** Please Initial Mileage run at school.

I verify that this log is accurate and that my child has run a total of 12.1 miles prior to the Spinx Run. I understand that the final Mile needed to complete the Kids' Half Marathon will be run at the Spinx Run Fest on October 29, 2011.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_