

**Breakfast Cycle 2
December 2011, January, February 2012**

Monday	Tuesday	Wednesday	Thursday	Friday
12-19 Holiday 1-9 1-30 2-20 Holiday	12-20 Holiday 1-10 1-31 2-21	12-21 Holiday 1-11 2-1 2-22	12-1 12-22 Holiday 1-12 2-2 2-23	12-2 12-23 Holiday 1-13 2-3 2-24
Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt Parfait Pancake Station	Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt Parfait Grits Station	Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt Parfait Waffle Station	Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt Parfait Whole Grain Oatmeal Station	Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt Station
Monday 12-5 12-26 Holiday 1-16 Holiday 2-6 2-27	Tuesday 12-6 12-27 Holiday 1-17 2-7 2-28	Wednesday 12-7 12-28 Holiday 1-18 2-8 2-29	Thursday 12-8 12-29 Holiday 1-19 2-9 3-1	Friday 12-9 12-30 Holiday 1-20 2-10 3-2
Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt parfait Whole Grain Oatmeal Station	Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt Parfait Waffle Station	Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt Station	Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt Parfait Pancake Station	Assorted Fresh Fruit Choice of Milk Asst. 100% Fruit Juice Asst. High Fiber Low Sugar Cereal Yogurt Parfait Grits Station
Monday 12-12 1-2 1-23 2-13	Tuesday 12-13 1-3 1-24 2-14	Wednesday 12-14 1-4 1-25 2-15	Thursday 12-15 1-5 1-26 2-16	Friday 12-16 1-6 1-27 2-17
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Grits Station Includes: Scrambled Egg Low Fat Shredded Cheese Chopped Ham Gravy	Yogurt Station Includes: Granola Sliced Bananas Blue Berries Pineapple Raisins	Waffle Station Includes: Cinnamon Apple Sauce Sliced Bananas Strawberries Sliced Peaches Syrup	Oatmeal Station Includes: Raisins Sliced Bananas Sliced Apples Pineapple Tidbits Brown Sugar	Pancake Station Includes: Cinnamon Apple Sauce Sliced Bananas Strawberries Sliced Peaches Syrup