Hoops For Heart Event….Dodging Heart Disease Dodgeball Tournament

February 18, 2016

CONTACT
Paula Monroe

LEAGUE ACADEMY STUDENTS DODGE BALLS FOR THEIR HEARTS AS WELL AS THOSE OF FRIENDS AND FAMILY AND HELP SAVE LIVES in honor of one of our own former students.

Students at League Academy in Greenville, S.C. are **dodging** at the chance to fight heart disease and stroke, our nation's No. 1 and No. 4 killers. On Thursday, February 18, League Academy will host its **9th** annual Hoops For Heart event to raise money for the American Heart Association, which funds lifesaving heart and stroke research and community and educational programs for our youth.

Hoops For Heart teaches students how physical fitness benefits the heart and shows them that volunteering can be a fun and positive experience for the whole community. The need to educate children about the importance of physical activity couldn't be timelier. According to recent studies, about one-third of children ages 2 to 19 are overweight and obese.

For over 18 years, millions of students have played basketball or jumped rope and learned about heart health and how nutrition and physical activity can help prevent heart disease and stroke. Hoops For Heart is co-sponsored by the American Heart Association and SHAPE America-Society of Health and Physical Educators.

9 years ago in one of our physical education classes, a young boy went down with a massive heart attack. Even as he was being air lifted from GHS to Charleston, our Dodging Heart Disease concept came to life. For the past 8 years we have played in the honor of this young boy who had to live with a pace maker until November of this past year. Daniel Arnold is now a young man with a new healthy heart beating in his chest for the first time. In this, our 9th year, we will once again play Daniel's favorite activity and raise money in his honor for the American Heart Association. Students will be playing dodgeball and/or raising money for AHA. Come out and meet our own Heart Hero, Daniel Arnold!

Please help our students help others by making a donation. Make checks payable to the American Heart Association or League Academy.