

Elementary Culinary Lunch Cycle II

December 2011, January, February 2012

Monday 12-19-Holiday 1-9 1-30 2-20-Holiday	Tuesday 12-20-Holiday 1-10 1-31 2-21	Wednesday 12-21-Holiday 1-11 2-1 2-22	Thursday 12-1 12-22-Holiday 1-12 2-2 2-23	Friday 12-2 12-23-Holiday 1-13 2-3 2-24
Pasta with Chicken and Garlic with Whole Wheat Roll Veggie Burger on Whole Wheat Bun Vegetation Station Whole Wheat Roll Tomato Pasta Soup Corn Pears Applesauce Choice of Milk	Black Bean Cheeseburger on Whole Wheat Bun Macaroni and Cheese with Broccoli and Whole Wheat Roll Vegetation Station Whole Wheat Roll Carrot Ginger Soup Fresh Orange Pineapple Choice of Milk	Oven Roasted Chicken Stuffed Shells Vegetation Station Whole Wheat Breadstick for All Vegetable Beef Soup Green Beans Banana Grapes Choice of Milk	Turkey Wrap Enchilada Pie Vegetation Station Whole Wheat Roll Baked Sweet Potato Tomato Basil Soup Fresh Apple Peaches Choice of Milk	Pizza Veggie Quesadilla Vegetation Station Whole Wheat Roll Chicken Vegetable Soup Steamed Carrots Tangelo Applesauce Choice of Milk
Monday 12-5 12-26-Holiday 1-16-Holiday 2-6 2-27	Tuesday 12-6 12-27-Holiday 1-17 2-7 2-28	Wednesday 12-7 12-28-Holiday 1-18 2-8 2-29	Thursday 12-8 12-29-Holiday 1-19 2-9 3-1	Friday 12-9 12-30-Holiday 1-20 2-10 3-2
Beef Nachos Toasted Cheese Sandwich on Whole Wheat Bread Vegetation Station Whole Wheat Breadstick Chicken Tortilla Soup Pinto Beans Peaches Applesauce Choice of Milk	Grilled Chicken Sandwich Veggie Burger with Cheese on WW Bun Vegetation Station Whole Wheat Roll Tomato Pasta Soup Mixed Vegetables Fresh Orange Pears Choice of Milk	Chicken Drumstick Baked Potato Creation Station Vegetation Station Cornbread for All Carrot Ginger Soup Lima Beans Fresh Banana Fruit Cocktail Choice of Milk	Cheeseburger with Lettuce and Tomato on WW Bun Vegetarian Lasagna w/Whole Wheat Breadstick Vegetation Station Whole Wheat Breadstick Broccoli Cheddar Soup Steamed Carrots Fresh Apple Pineapple Choice of Milk	Pizza Vegetable Frittata with Whole Wheat Breadstick Vegetation Station Whole Wheat Breadstick Vegetable Beef Soup Broccoli Red Naval Orange Applesauce Choice of Milk
Monday 12-12 *1-2 1-23 2-13	Tuesday 12-13 *1-3 1-24 2-14	Wednesday 12-14 1-4 1-25 2-15	Thursday 12-15 1-5 1-26 2-16	Friday 12-16 1-6 1-27 2-17
Teriyaki Chicken over Brown Rice Veggie Chili Vegetation Station Whole Wheat Breadstick for All Tomato Pasta Soup Corn Pineapple Applesauce Choice of milk	Spaghetti with Meatballs Black Bean Taco Vegetation Station Whole Wheat Breadstick for All Chicken Noodle Soup Vegetable Medley Fresh Apple Pears Choice of Milk	Taco Salad Toasted Cheese on Whole Wheat Bread Vegetation Station Whole Wheat Roll Vegetable Beef Soup Steamed Green Beans Fresh Banana Peaches Choice of Milk	Chicken Pot Pie Sub Sandwich on Whole Wheat Bun Vegetation Station Whole Wheat Roll Broccoli Cheddar Soup Peas and Carrots Tangelo Fruit Cocktail Choice of Milk	Pizza BBQ Pork on Whole Wheat Bun Vegetation Station Whole Wheat Roll Chicken Tortilla Soup Fresh Veggies Fresh Apple Pears Choice of Milk

*1-2 – Vegetation Station will not be available, substitute carrots.

*1-3 – If Vegetation Station is not available, substitute peas.