

# Elementary Lunch Menu

## October 2015

<b>Monday 10-19</b>	<b>Tuesday 10-20</b>	<b>Wednesday 10-21</b>	<b>Thursday 10-1 10-22</b>	<b>Friday 10-2 10-23</b>
Baked Penne Pasta with Meatballs w/ Roll Grilled Chicken Sandwich Vegetation Station Broccoli Cheddar Soup Mixed Vegetables Choice of Fruit Milk	Chicken Fajitas Cheeseburger with Lettuce and Tomato Fruit & Vegetable Bar Milk	Sweet Thai Chili Chicken General Tso's Chicken w/ Brown Rice and Roll Vegetation Station Asian Ginger Chicken Soup Vegetable Medley Choice of Fruit Milk	Turkey Pot Roast Macaroni and Cheese w/ Roll Fruit & Vegetable Bar Milk	Pizza Alaskan Pollock Taco Salad Vegetation Station Chicken Noodle Soup Corn Choice of Fruit Milk
<b>Monday 10-5 10-26</b>	<b>Tuesday 10-6 10-27</b>	<b>Wednesday 10-7 10-28</b>	<b>Thursday 10-8 10-29</b>	<b>Friday 10-9 10-30</b>
Veggie Lasagna Oven Roasted Chicken w/ Roll Vegetation Station Baked Potato Soup Steamed Broccoli Choice of Fruit Milk	Pizza Chicken Nachos Fruit & Vegetable Bar Milk	Chicken Pot Pie w/ Roll Toasted Cheese Sandwich Vegetation Station Tomato Basil Soup Peas and carrots Choice of Fruit Milk	Carolina Chicken Chili w/ Roll BBQ Sandwich Fruit & Vegetable Bar Milk	Pizza Chicken Parmesan Sandwich Vegetation Station Corn Chowder Fresh Veggies with dip Choice of Fruit Milk
<b>Monday 10-12</b>	<b>Tuesday 10-13</b>	<b>Wednesday 10-14</b>	<b>Thursday 10-15 Holiday</b>	<b>Friday 10-16 Holiday</b>
Teriyaki Chicken Sweet and Sour Chicken w/ Brown Rice and Roll Vegetation Station Vegetable Beef Soup Roasted Sweet Potato Bites Choice of Fruit Milk	Beef and Cheese Nachos BBQ Chicken Quesadilla Fruit & Vegetable Bar Milk	Brunswick Stew Baked Potato Creation Station Roll w/ all Vegetation Station Chicken Tortilla Soup Mixed Vegetables Choice of Fruit Milk	Stuffed Shells w/ Breadstick Meatball Sub Fruit & Vegetable Bar Milk	Pizza BBQ grilled Chicken Sandwich Vegetation Station SW Chicken & Brown Rice Soup Steamed Broccoli Choice of Fruit Milk
<b>Served Everyday</b>	<b>Vegetation Station</b>		<b>Fruit and Vegetable Bar</b>	<b>Soup and Salad Entrée</b>
<b>Yogurt Entrée</b> 4 oz Yogurt Cheese Stick Roll	Our Salad Bar offers fresh greens, black beans, chick peas, and low fat dressings.	<i>*Selections may change based on availability.</i>	Our Fruit and Vegetable Bar offers a variety of steamed vegetables along with fresh and canned fruits	Scratch-Made Soup of the Day Roll Salad Bar Cheese Stick